

# MARY CANTY MERRILL, PHD

Industrial & Organizational Psychologist



*Unleashing human potential*

CONSULTING, EDUCATION & ADVOCACY

The Founder and CEO of iLevelUp Consulting, Dr. Mary Canty Merrill is a thought leader and a force to be reckoned with. She has the audacity and consciousness to create breakthrough change. Reinventing herself after many life challenges, she can teach you how to take control of and enhance the quality of your life and ignite personal and social change by tapping into your latent potential, directing your innate power and transforming adversity. Dr. Mary's keynotes, workshops, courses, retreats and publications inspire and compel audiences to challenge outdated beliefs, shatter self-limiting thoughts, break defeating generational patterns and rise up to be the creative force in their work and lives.

As the Founder & Director of the Trauma & Grief Institute, Dr. Mary draws from her own struggles with complex trauma, grief and loss; her educational background in human behavior and dynamics; and her 30+ years of experience as an individual contributor, leader and consultant in the public, private and non-profit sectors. She brings the best of what she's learned to each endeavor. She uses her platform to engage and challenge audiences to recognize the effects of, reframe their personal narrative about, and reinvent themselves after trauma, grief and loss. There is LIFE after adversity! If you are ready to level up, tap into your latent potential and power and improve the quality of your life, Dr. Mary can guide you through the process as you go from TRAGEDY to TRIUMPH, from VICTIM to VICTOR!!



When it comes to confronting racism and having conversations about race, Dr. Mary is known for her no-nonsense, yet compelling style of breaking down barriers to reveal truth. As the Founder & Facilitator of RaceTalk, Dr. Mary is lauded for her unique ability to interact with, connect and inspire individuals across divisions of race, culture, age, gender, socioeconomic status and other socially-imposed boundaries to deepen self- and other-awareness to ignite personal and social change.



Corporations, public and non-profit organizations, educational institutions and community groups are guided through open, honest and thought-provoking dialogues about race, how it shapes identity and the pervasive social effects of racism and oppression. Participants will leave feeling empowered and motivated to take action in their respective spheres of influence to ignite personal and social change and help win a victory for humanity!



PSYCHOLOGIST | PROFESSOR  
SPEAKER | AUTHOR  
CONSULTANT | PROVOCATEUR  
LEADER | WORLD TRAVELER

## PASSIONATE

Leads with passion, purpose and persistence to help improve the human condition

## PROVOCATIVE

Speaks truth to power to challenge the status quo and promote new ways of thinking, doing and being

## POIGNANT

Employs personal narrative and a holistic approach to illuminate, inspire and incite forward movement psychologically, emotionally, physically, spiritually and socially

## CONTACT

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